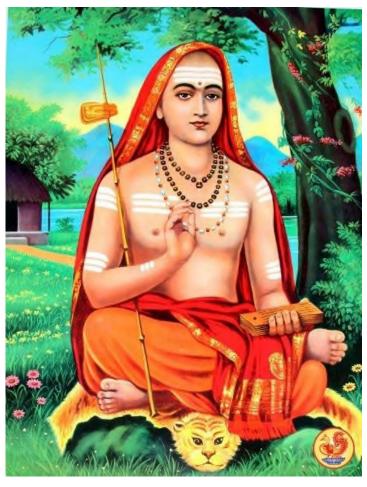


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Shankara Jayanti was on 12-05-2024





Shankara Jayanti at SCM, Shirali on 12-05-2024. (Courtesy: Anushravas)



Shodashopachãra Puja at Hodi Samãdhi at SCM,Shirali on 6-05-2024. (Courtesy: Anushravas)



On 6-05-2024 at SCM, Shirali. (Courtesy: Anushravas)

THE CHITRAPUR SUNBEAM :- MAY 2024

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CONTENTS	Page No.
Prayers, Praises and Psalms	5
Swami Anandashram - Unforgetable Reminiscences	6
Teachings of Swami Parijnanashram	13
Festivals in June 2024	17
Teachings of P. P. Shrimat Sadyojat Shankarashram Swamiji	18
Jagadguru Speaks	25
H. H. Swamiji's Travel and Ekanta (Mauna) Dates May 2024 - March 2025	27
H. H. Swamiji's Visit Programme to Bangalore, 19 June - 01 July 2	024 29
Kodial Chaturmas 2024 - Invitation	35
Samarth Bhanap Yojana	41
Back to School - Educate A Child Scheme	42
Accomodation Policy	43
Little Ravikiran	44

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For Swamiji's latest Itinerary, please visit www.chitrapurmath.net



PRAYERS, PRAISES & PSALMS THE UPANISHADS Uddalaka tells Shvetaketu:

इमाः सोम्य नद्यः पुरस्तात् प्राच्यः स्यन्वन्ते पश्चात् प्रतीच्यः।

ताः समुद्रात् समुद्रमेवापियन्ति। स समुद्र एव भवति। ता यथा तत्र न विदुः

इयमहमस्मि इयमहमस्मि इति एवमेव खलु सोम्येमा: सर्वा: प्रजा: सत आगम्य न

विदु: सत आगच्छामहे इति।

0 beloved one, these rivers flow, the eastern to the east and the western to the west. From the ocean they reach the ocean. They even become the ocean. Just as they do not know there, "I am this, I am this" in the same way 0 beloved one, all these creatures come from the Real and yet do not know that they have come from the Real.

न्यग्रोधफलमत आहर - इति। इवं भगव:-इति। भिद्धि - इति। भिन्नं भगव: - इति। किमत्र पश्यिस - इति। अण्व्य इवेमा धाना भगव: - इति। आसामड्डैकां भिछि्ध - इति। भिन्ना भगव: - इति। किमत्र पश्यिस - इति। न किड्बन भगव: - इति।

(The father): "Please bring a banyan berry". (The son): "Here, venerable sir." "Please cut it". "It is cut, venerable sir." "What do you see there?" "O venerable sir, these that look like small seeds." "Dear one, please cut one of these." "It is cut, venerable sir." "What do you see there? "Nothing at all, venerable sir."

(Continued) (Chāndogya Upanishad)

'ॐ श्री सद्गुरवे नमः'

This page is sponsored by Smt. Shiroor Chitra Shankar.

The Chitrapur Sunbeam	-(5)-	May 2024
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SWAMI ANANDASHRAM

UNFORGETABLE REMINISCENCES

MEETINGS WITH SWAMI ANANDASHRAM

- LATE DR. GOPAL S. HATTIANGADI

The Sage of Chitrapur, Swami Anandashram, is the most understanding person I have ever known. In his presence, I felt secure and at ease. I shall not see the like of him in my lifetime.

From the vast and unforgettable saga of his life, I intend to touch on two events: my first and last meetings with him.

My first meeting:

January 21, 1927 is a date enshrined in my heart. A week prior to that, my father announced: "We are shifting to the servants quarters. For the next few days, our residence (at Clive Road, New Delhi) will be set apart for a Special Guest." Anticipating my inquiry, he added briefly, "God is coming. God in human form."

My fifth birthday had been celebrated only the previous month. I was far too young to know who or what "God is; and far too timid to ask whether one should love or fear God". Father's additional admonitions petrified me: God is not to be disturbed. No prying into God's room. No rambling on your tricycle." Then came the soothing balm: God is kind.

O DEVA, my Pranams at Your Divine Feet. Let my Pranams be in my Deeds. To offer our Pranams & this Prayer, we sponsor this page – Smt. Uma & Shri Arun S. Bolangdy. God is loving. Do not be afraid.° With the suggestion of a smile, he patted me gently on the back.

Father had taken leave of absence to wait on the Special Guest: a very unique phenomenon, for I had never seen him stay away from work even when he was quite unwell.

At an opportune moment, curiosity got the better of me. Slowly and silently, I went on my tricycle to the forbidden area, and peeped into each one of the rooms. Finally, I saw "God in human form." He was The One to whom I prayed daily (and do so even now): "Swami, Dayyã, Pāmpã"!

Swami, Dayyã, Pãmpã was alone, seated on a mattress, erect but but relaxed, reading a book. Presently, he kept the book aside, shut his eyes, and seemed to ponder over something. After a short time, as he was about to pick up the book, he looked in the direction of the door and saw me. With a benign smile, he beckoned me to enter. I was at the crossroads Should I beat a hasty retreat and displease "Swami, Dayya," or disobey father's mandate and invite a fully deserved caning?

As though sensing my dilemma, the Swami arose, walked with measured footsteps towards the door, held my hand, led me to the mattress, and asked me to sit down beside him. He spoke softly and tenderly, but, at this distance of time, I cannot recall a single word of what he said. He gave me an apple to eat and I vividly remember requesting him to share it with me.

Panic-stricken that father might enter the room at any moment, I was anxious to run away; but not

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The Chitrapur Sunbeam	7	— May 2024
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before noticing that the Swami, though always smiling, had a sad faraway look. After I had prostrated and sought permission to leave (I was well-mannered in those days), the Swami made me sit on his lap and embraced me. The love he emanated, kindled in me an everlasting bond of devotion.

During the next forty years, I had the privilege of meeting this Man of God on numerous occasions at various venues, of sitting at his feet in silence, and, above all, of trying to learn from him the right way of life.

My last meeting:

What eventually turned out to be my last meeting with Swami Anandashram before he left his body was at Bangalore on August 21, 1966. He must have been ailing and weak that day because, unlike his customary habit of sitting on an armchair he was reclining on his bed. I stood close by, speechless and paralysed with fear that he might say softly at any moment: "My work is done, I am withdrawing."

We looked at each other in silence for a prolonged period. Ultimately, when I bowed down on bended knees, rested my head near his feet, and whispered if I had his permission to return to Bombay, he inquired by gestures at what time the airplane was scheduled to depart. Glancing at his pocket-watch kept beside his pillow, he signalled me to sit down. I did so, shut my eyes, and did not utter a word. In those moments of uneasy quiet, several thoughts passed through my mind; primarily, that I should have learnt much more from this adored Teacher.

After January 1927, I did not meet Swami

Anandashram for almost ten years; he rarely moved outside the Kanaras, whereas I kept shutting between New Delhi and Simla to settle down fmally in Bombay. Thus, the second opportunity which I had of seeing him was at Shirali in summer of 1936; I had passed the Matriculation examination of the University of Bombay with a measure of success, and father suggested that we both went to offer our obeisance and seek blessings before I entered the college portals. With father's reticence in speech and value of time, we were both in and out of Swami's room within seconds (having travelled three days, from Bombay to Shirali).

I went again with father in 1940, this time to Satara where Swami Anandashram had retreated for observing Chaturmasya. Later, I joined Swami's retinue and accompanied him on visits to Sajjangadh, Paithan and Audumbar. Two years earlier, in 1938, he had asked me to go with him to Alandi, Chinchwad and Dehu. The few words of spiritual wisdom which the Swami imparted to me during the journeys to these holy places far outweighed the "knowledge" I had gained in the preceding decade, reading scores of books written by seeming scholars.

The next visit to Shirali was with my wife and son in the summer of 1947, to seek Swami's blessings prior to my departure to the U.S.A. for post-doctoral studies. He was away at that time; but He gave us a very pleasant surprise by halting at Kumta and granting us an audience.

I was unable to meet Swami Anandashram as frequently and for as long as I desired during the next decade. I was selected by a multinational company overseas for a senior managerial position, and I went almost from the pier to a factory on my return to India.

My father, who "rendered twenty-five years of service to the Math, always looking ahead and working silently with steadfast faith in the Guru", passed away in 1957. Six years later, Shripad L Hemmady, "the last of a generation that is now but a memory", also joined the great majority. The loss in quick succession of two able men of honesty and integrity grieved even the serene renunciant, Swami Anandashram.

The end of 1955 marked the beginning of dissensions in the establishment. Anandashram summoned me twice to indicate that should take an active interest in Math administration. In 1962, my entreaty was to wait and see, and to avoid precipitancy; in 1963, weighing the gravity of the situation, I submitted to his superior judgment and prayed: "I am overwhelmed with the faith and trust which you repose in me. I am totally inexperienced, and seek no power except that of your grace." The Swami simply smiled and raised his palm in blessing. This timeless scene reminded me of a rishi of an ancient aeon. I was formally inducted into a secretarial position in December 1963, but functioned in a variety of roles, from peon upwards. Much of what I did, wise or otherwise, is sufficiently well-known to be repeated. Except perhaps two little-known facts: Swami Anandashram desired that I should be the President of the Mahasabha held in December 1965, and again asked

me to take over as President of the Standing Committee after the demise of A.V. Shankar Rau in January 1966. When I beseeched him on both occasions to excuse me, he graciously nodded assent: and I was happy that he had read my mind correctly.

The stream of thoughts then flowed gently along its sacred course. In that placid ambience, many gems of Swami Anandashram's spiritual advice touched the right chords of my heart. I recalled them to memory in later years, composed some in the form of blank verse, and am reproducing a few below in remembrance of this "God in human form."

- 1) What is really vital is faith in God: The unknown invisible Supreme Spirit. God is without a beginning or an end; God is The First Cause of everything.
- 2) God is one: absolute and inscrutable; God is indeed without a name or form. God is very near and also far beyond; God is inside and outside us as well.
- 3) Time cannot erase the concept of God; Which is neither mythical nor modern. God is the Seer revered by all seers; Prayer leads us to that Supreme Seer.
- 4) God is Light because neither is seen; Only their manifestations are beheld. God's light outshines a million suns; It is the glow of the Supreme Spirit.
- 5) Spiritual Wisdom is a godly treasure; It is bestowed only on worthy people. Imparting it to one who is unknowing; Is like presenting a gem

to a monkey.

- 6) Light and Wisdom direct one to Truth, Of which there are two diverse forms. One is based on datum of experiments; The second on devotional experiences.
- 7) Much truth is spoken, more is hidden; It needs no proem, it reveals itself. When praying to God, speak the truth, As that is the most sacred of duties.
- 8) Recompose the mind for concentration; Orchestrate the heart for meditation; Harmonise the soul for contemplation; Any hour of the day is the Hour of the God.

(Courtesy: Reproduced from the book ANANDI-ANANDA)

YOUR ATTENTION PLEASE - A CORRECTION



On page 11 of April 2024 issue of Sunbeam, the above photo was featured, but, the surname was wrongly given as Chandavarkar by oversight.

The correct name is Shri Gurunandan Padukone. The error is regretted.

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The Chitrapur Sunbeam	-(12)-	May 2024
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TEACHINGS OF SWAMI PARIJNANASHRAM IMPORTANCE OF SHRADDHA

(Summary of the Ashirvachan delivered by His Holiness at Calcutta on 18-11-1975)

It is necessary for the people to visit Math, temples etc., but in the present-day society, it is not possible for all people to do so. So the Mathadhipati himself goes to meet the laity and give them blessings and a few words of advice. We have been wanting to come here on such a tour for a long time now, but could do so only now, with our responsibilities at the Math having lightened, enabling Us to step out. It has also been part of the tradition to give an Ashirvachan at the conclusion of such a visit. We remember accompanying His Holiness (Swami Anandashram) when He came here in 1965 and we sat here on this stage with Him, listening to His Holiness's Ashirvachan. Today, ten years later, we are again seated on this stage before you in the same reverential spirit.

Shankaracharya has told us that spiritual progress is possible for man only if God's Grace is there. His attaining human birth itself is due to God's Grace and the result of the good deeds of many past births performed by him. If he would only stop to contemplate, he would realise that he has been given this human body to realise his divine heritage and not to fritter away his time like cats and dogs in pursuit of transient pleasures. He must liberate himself from the cycle of birth and death. What is

the type of spiritual practice that he should undergo to achieve this liberation? For those who would want to progress on the spiritual path, the guidance of Guru is essential. The Guru's main purpose is to save the devotee, to steer him on to the right path suited to each disciple according to his abilities and temperament. The Guru only wants the disciple's good.

Every man in the world seeks happiness. This is a universal fact. As soon as intelligence dawns in him as a child, he starts looking for happiness. However, leaving aside the real source of happiness within him, man looks for his happiness outside in the delusion that his joy depends on attainments of external objects of his desire. Happiness is of two kinds, one is the shadow of happiness which is illusory and the other is the real and abiding happiness that lies witin us. That is why, our ancients have told us that we can achieve lasting happiness only if we attain Self. But, because of his human nature, man does not go within himself. All his senses and all his faculties are directed outside on external objects. He has to realise that there is one God who is all-pervading, who is seated not only in the hearts of others but within him also. God is omniscient and omnipresent in all His creation. He is also known as Nirguna, or One who has no Gunas. How can you meditate on such a Supreme Being who is formless? What or Who is that Power? Before all creation took place, there was only God, the Supreme Brahman and nothing else and there was no way by which He could enjoy Himself. So, He

decided for the sake of Leela or divine sport to project from Himself all this creation for the sake of His mays. He first projected forth His Shakti Swarupa, whom we call as Adi Shakti, Brahma Shakti. As soon as She was projected, She knew why She was there, that She had to carry out the wishes of Brahman and bring forth creation. So, She, in turn, created the three forces of Satva, Rajas and Tamas as embodied in Brahma, Vishnu and Shiva and entrusted them with the functions aligned to these three states, namely, creation, preservation and destruction. These three states today condition and govern all existence and even within man himself, the three forces are at work all the time, whether he is aware of it or not.

This is the City of Kali who is portrayed as standing with a string of human skulls round Her neck and Her tongue protruding out. Why is She portrayed thus? It is said that because man is mortal, when his "Kaal (time) comes, he has to go, to shed his mortal frame, the body which has separated him from the Supreme Being. Kali embodies that Kaala Shakti. She wears the garland of skulls to remind us and to make us realise that we are not the mortal bodies we have assumed but that we have emanated from Adi Shakti. As We said before, every man wants happiness but he doesn't attain it. The Upanishads tell us that we should seek out the real source of happiness that was ours before we assumed the human form which has brought us all the ills of human existence. For that, we have to know what is Moksha or liberation. It means attaining the Self by

realising that we are not the body but the real Self seated in all beings and creatures. Once you have attained Truth, you will have attained the real object of your life and be free from the cycle of birth and death.

There are many paths to Him, the paths of Jndna Yoga, Bhakti Yoga, Rita Yoga and Karma. Yoga. We have to first understand what is Dharma. It is the divine law of creation. Once you are born in the world, your human nature compels you to perform action. But, if you do your duty according to the Dharma, then its results do not attach themselves to you. Dharma then means doing one's duty. The concept of Dharma may change with the times but its basic tenets remain the same. In the olden times, it was believed that Dharma meant getting up early in the morning, observing Sandhyavandana, wearing a tuft, etc. The Dharma of 100 years ago no longer prevails today. If the old practices have ceased to be, it does not mean that we have abandoned Dharma. Today, it is not observances because the pattern of life has changed so vastly. Even Vaidiks find it difficult to pursue the prescribed discipline laid down for them. Even so, there is the basic Dharma laid down for all householders who need not give up all the good practices that have come down from olden days. Each one has to pursue his duty. He should perform his duty according to his limitations, within his own sphere with all his heart. Dharma teaches us to be kind and considerate to all around us, not to harm other living creatures, to look on other people as our own brothers and sisters, because we are all from

the same Mother and therefore to seek only good of others. There are many paths that lead to the Supreme Being. Each one has to follow the path for which he is mentally equipped. He must realise that his happiness does not lie in worldly pursuits. All Sadhakas have to realise that the God they seek is within them and concentrate their efforts on attaining Him. We now conclude our brief Ashirvachan and pray to Lord Bhavanishankar to bless you all with the fulfilment of your desires.

EECTIVALS IN HIME 2024

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NE 2024	
SATURDAY	VARDHANTI AT GOKARN - SWAMI PARIJNANASHRAM -I SANNIDHI
SATURDAY	SAMÃRÃDHANÃ AT SHIRALI - SWAMI PANDURANGASHRAM SANNIDHI
WEDNESDAY	VARDHANTI AT SHIRALI - SWAMI ANANDASHRAM SANNIDHI
THURSDAY	VARDHANTI AT MANGALURU - SWAMI VAMANASHRAM SANNIDHI
SATURDAY	JANMADIVASA OF SWAMI PARIJNANASHRAM-III
SATURDAY	VARDHANTI AT MALLAPUR - SWAMI SHANKARASHRAM-II SANNIDHI
SUNDAY	VARDHANTI AT KUNDAPURA - SHRI SACCHIDANANDA DATTATREYA SANNIDHI
FRIDAY	DAKSHINĀYANA PRĀRAMBHA, VATA SAAVITRI VRATAM
WEDNESDAY	VARDHANTI AT KUNDAPURA - SHRI JOGAYYA VENKATARAMANA SANNIDHI
	SATURDAY WEDNESDAY THURSDAY SATURDAY SATURDAY SATURDAY SATURDAY FRIDAY

May 2024

The Chitrapur Sunbeam



Teachings of P. P. Shrimat Sadyojat Shankarashram Swamiji

(Excerpt from August 2013 issue)

कार्लांतु आम्मि पालकी उत्सव जात्तना समाधी मुखारिउब्रलेलिं. थेथिं आनंदाश्रम स्वाम्यांनि शिष्य स्वीकार कोर्चे जी प्रसिद्ध एक photo आस्स तें पळय्तना मस्त इच्छा जाल्लि"खेळतुझे जीव घेणे पाहण्या तू ध्यान मग्निह्न हें स्वाम्यांनि रचित भजनेचेरिचिंतन कोर्का म्होणु. केल्ले. आतंथि थोडें कोर्यां वे? Basically it goes like this...

खेळ तुझे जीवघेणे पाहण्या तू ध्यानमग्न अव्यक्ताशी सख्य तुझे व्यक्त करी जगी आम्हा।।धृ।। प्रतिलेखा आम्ही जाणे ब्रह्मानंदी येत विघ्न मायेशी सख्य तुझे भिन्न माया दावी आम्हा।।१।। दृष्ट जग लेणे तुझे रूपे भासी का विछिन्न अदृष्टाशी सख्य तूझे कष्टमय दावी आम्हा।।२।। कर्ता क्रिया स्वयं होणे आणिक तू कर्माध्यक्ष कर्त्यापायी सख्य तुझे संचिताचे ओझे आम्हा।।३।। कैंची देवा ही करणी सांग मी तू का रे भिन्न चक्षुपरी सख्य तुझे मूढ म्हणे गूढ आम्हा।।४।।

तुक्का एक किल्क गम्मित येला आम्का त्रास दिंळ्यांतु. साऽनिशिष्य सांग्त आसित गुरुंक. खेळ तुझे जीव घेणे पाहण्या तू ध्यानमग्न .. गुरु थींये अनुष्ठान कर्ताति, ध्यानांतु बस्ताति तास घट्लेने,तें शिष्याक कल्लें

म्होणु कळ्ना. पाहण्या तु ध्यान मग्न. कल्याक? अव्यक्ताशी सख्य तुझे ... तूं आण्णालो अव्यक्त स्वरूपांत आस्स,तुक्का प्रपञ्चाच कस्ले लेश लेप सुद्धांयिं जाय्ना. अव्यक्ताशी सख्य तुझे आनि व्यक्त करी जगी आम्हा. आम्का हांग्गा संसारांतु बुड्डय्ता. तिर्श्श एक लांछन आरोप सो आस्स. जाल्यारि आम्मिहें इत्लें सांग्चें प्रत्येक इलोक अरिश आस्स जाल्यारि सावधान!आम्मेली रऽडी ही न्हयि. आप्णालें किल्लें दु:ख आस्स की तिल्लेंचि complete एक reversal गुरुंगलें सामर्थ्य थंयिं शिष्य पळयाआस्स. हांवं दुखी तूं दुखी न्हिय. हांवं दुखी आस्स जाल्यारि तूं ह्या दुखा परे आस्स. व्यक्त करी जगी आम्हा ... तावळी अव्यक्ताशी सख्य तुझे हे गुरुवर्य म्होणु तें पळव्त आस्स शिष्यु. ताज्जें महिमा. The Shishya has developed the sensitivity to recognise the greatness in the Guru Shakti. That is to be highlighted, not the weeping. We don't require this. "प्रतिलेखा आम्मि जाणें ब्रह्मानंदी येत विघ्न,मायेशी सख्य तुझे भिन्न माया दावी आम्हा." प्रतिलेखा आम्मिजाणे ... प्रतिलेखा म्हळ्यारि कल्लें बरस्लेलें पस्लेंचि. लिखा हुआ है क्या करें म्हण्ताति सग्ळीं रड्ताति. सग्ळीं रड्ताति म्हळ्यारिहिन्दु प्रारब्ध म्होणु रड्ताति दूसरे destiny म्हण्ताति आनि थोडे लोक नसीब म्हण्ताति. भगवानने लिखा हुआ ... भगवान क्यों लिखेगा? एकळ्याक सुखी, एकळ्याक दुखी. तिर्श कल्याक कर्तलो देवु? ना. आम्मि प्रारब्ध आण्णाल जबाबदारी म्होणु घेलातिआनि माग्गेरि तांतुल्याने किश्श एक बरें जांटका म्होणु प्रयत्नकर्ताति. हांग्गा साधक म्हण्ता, स्वामी सांग्त आसति, "प्रतिलेखाआम्मि जाणे" ... आम्का प्रारब्ध म्हळ्यारि अनुभव येल आस्स,आम्का कळत आस्स. आन्नि तें कल्लें कर्ता प्रारब्ध? ब्रह्मानंदी येत विघ्न ... आमाल साधनेंतु बाधक जाव्नु आस्स. आनि हें कल्याक? माया

The Chitrapur Sunbeam — 19— May 2024

राक्तिमितिं. जाल्यारि ती माया जी आस्स मायेशी सख्य तुझे ... हे गुरुवर्य, तुक्का you are कल्लें friends with माया so to say. म्हळ्यारि माया तुक्का त्रास दीना. आनि आम्का "भिन्न माया दावी आम्हा" आम्का मस्त इल्ल मायाचक्करांतु तूं घाल्ता आनि तूं त्या माया परे आस्स हे गुरुवर्य.

"कर्ता क्रिया स्वयं होणे आणिक तु कर्माध्यक्ष, कर्त्या पाशी सख्य तुझे संचिताचें ओझे आम्हा." ... साधकालि गति अजुनिकयिहांवं कोर्का इत्यादि म्होणु. तें एक कर्तृत्व आस्स तावळी प्रारब्धम्हळ्ळेले वारि. कर्ता आनि क्रिया हें चल्त आस्ता. हांवं मनुष्यु म्होण्चे भितरि कार्य कर्त आस्ता. एक क्षण सुद्धांयिं काम कर्नातिलें बय्सुक असाध्य. कालि म्हळ्ळेलें न्हिय even the sankalpa that I won't do anything is a kriya, it is a karma only. "गहना कर्मणो गति" म्होण् सांग्ल्यां गीतेंतु. कर्ता आनिक्रिया, हांवं कर्तां हो अनुभव जांव्यो आनि कर्म कोर्चे हें आस्ता.हाज्ज परे माक्का वोच्चें आस्स. कल्याक? कल्या म्हळ्यारिसाधकाक शिष्याक हो समऽचि अनुभव जाल्ला किल्लेंयि केल्लें म्होणु जाल्यारि किल्ठेंयि सुख मेळ्ळें म्होणु जाल्यारि तें अशाइवत.म्होणुचि if I have the potential to discover something that will never fail, that will never diminish, then I want it. शास्त्रांतु सांग्ल्यां अहिश एक आनंद आस्स तो केन्नायिक्षीण जाय्ना. आनि आम्कांयि ह्या जगांतु कस्लो आनंदु प्राप्त जात्ताकी तें एक १०% आनंद आस्सु फावस्स न्हिय. ९०% दु:खचिवळवळेचि आस्ताति म्होणु. एद, साधक म्हण्ता माक्का तें जायि. जाल्यारि थंयिं पांका म्होणु जाल्यारि ह्या कर्तृत्वांतु एक शुद्धियेंक्का. "कर्ता क्रिया स्वयं होणे" ... आनि गुरुंक पळय्त्यारि त्यागुरु शक्तिचें

ध्यान कर्तना "कर्त्या पाशी सख्य तुझे म्होणु" माक्काकर्माध्यक्ष तूं म्होणु माक्का दिस्त आस्स. कर्माचो अध्यक्षु जाव्नु आशिलो तूं आनि हांवं त्या कर्मांतुचि शिर्कलां म्होणु माक्का हो अनुभव जात आस्स हे गुरुवर्य हांवें कल्लें कोर्चे? ... माग्गिरिगीतेंतुलो उपदेश हांग्गा लागूऽ जांळ्या सूरु जाला. "ईश्वर: सर्व भूतानां हृदेशेऽर्जुन तिष्ठति, भ्रामयन् सर्व भूतानि यंत्रारूढानि मायया"... हें सग्ळें आय्लें त्या इलोकांतुं. मायाशक्ति संख्यांकिय नांचयाआस्य हो. साधाकांगेलें जें कर्तृत्व आस्य तें तो अर्पण कोरूक शिक्ता आनि तें एक बरे कार्याक सुद्धांयि use जाला. तावळा ताक्का एक शुद्धिचो अनुभव जाला, नाजाल्यारि त्रास सूरु जाला. मगलें हें potential आस्स, कर्तृत्व हे गुरुवर्य, हें हांवं तुक्का अर्पण कर्तां use this; because I know when you use it I'll become a nimitta and I'll be fulfilled. हें बंधनजें आस्स कर्माचें तांतुल्याने हांवं सुट्तलों. मगल प्रयत्नामितिं साध्यना हें. अत्यंत ओजस्वी हें एक दृष्टीकोन अत्यंत सुक्ष्म साधना.भिक्त प्रेम नाजाल्यारि हें जाया आनि गुरुंगलें तें मार्गदर्शनाचिएक पिपासा इत्ल तीव्र आस्का तावळी तें सिद्ध जाला. कल्याम्हळ्यारि तुमालें आमोलें कल्लें लौकिक कर्तव्य आस्ता तें घेव्युचिप्रेरित कर्ता ती शक्ति. जाल्यारि दृष्टीकोन विंगड जाल्लेल आस्ता,तांतु आम्मि शिर्कनाति. आनि ताज्जें परे आशिलें एक तत्वाक प्राप्तजांव्यें साध्य आस्स. "हांवं हांग्गा शिर्कला आनि तुम्मि मुक्तआसित. माक्का त्रास आस्स आनि तुम्मि आनंदाचो अनुभव कर्त आसित. हांवं कर्मांतु शिर्कलां. संचिताचें ओझे आम्हा" ...म्हळ्यारि प्रारब्ध कर्म माक्का बाधित कर्त आस्स आनि हे गुरुवर्य तुं कर्माध्यक्ष जाव्नु आस्स, तुं कर्माच्या परे आस्स म्होणु अिइश एक comparison शें. वस्तुत: कल्लें जाल आस्स म्हळ्यारि हांवं मगलें दु:ख ही भावनाचि सुद्त आस्स साधकालि this is a point. साधनेंतु आम्मि पय्लें हांवें कोर्का, achieve

The Chitrapur Sunbeam — 21— May 2024

कोर्का, म्होणु आम्मि कर्ताति. लौकिक किश् कल्लें एक achievement आस्ता, लक्ष्य आस्ता, तशीचि शुद्धि येलना एक विलक्षण परिवर्तनयेंच्या सूरु जाला, साधकाल जीवनांतु आनि माग्गिरि तें एक शरणागित सूरु जाता. त्या वेळारि मगलें व्यक्तित्व हांव म्हळ्ळेलें हाज्जेरि चिंतन किम्म जात्ताचि. सुट्टु सूरु जात्ता it is a nuisance म्होणु सुट्टु सूरु जात्ता. There is so much within me, इत्लें बरें मज्जिमिति साध्य जाला, हांवं मगलें एक कुंठित personality घेञु आप्णाकचि कल्याक क्षुद्र कोर्का? म्होणु तिरुशएक विलक्षण परिवर्तन येंट्या सूरु जाला साधकांतु. So, एक दृष्टीने गुरुंगल अनुग्रहाचो चऽड अनुभव जाल आस्स, आणालें self-imposed किलकी जन्माचें हो आलांचें न्हिय constraints आसित, बंधन आसित हें ताज्जेरि आग्रह सोड्चें एक तें प्रक्रिया जाल आस्स आनि तें एक a sense of release चो आनंद येल आस्स. ताज्ज पराकाष्ठा दुसरे अंतिम इलोकांतु स्वाम्यांनि सांग्ल्यां. तांगेलें सामर्थ्य तांगेल अधिकार आस्स. "कैंचि देवा ही करणी सांग मी तू का रे भिन्न, चक्षु परि सख्य तुझे मूढ म्हणे गूढआम्हा." कैंचि देवा ही करणी? किइश देवा हें तुगलें? आत्तं थायि हो भेदु तो भेदु म्होणु सांग्त आशिलो. वस्तुत: तूं सांग,तुज्जांतु मज्जांतु कल्लो भेद आस्स वे? हांवं तुगलोंचि न्हवे? तिश्शम्होणु घेव्येद. ऐक्य जांच्य पय्लें. कल्याक हें ... कल्लें हें विलक्षणमाया, मोह हें एक भेद दिस्त आस्स? सांग मी तू का रे भिन्न.हें लोकांक कळणा मूढ म्हणे गूढ आम्हा. मुढ म्हळ्यारि कल्लें अज्ञानी. म्हळ्यारि कल्लें विशेष एक दृष्ट आस्का म्होणु न्हयि.एक परिस्थितिंतु व्हयि आम्मि उल्लेख कर्ताति. ना जाल्यारि मूढम्हळ्यारि जड बुद्धि आशिलो अथवा सांग्ल्यारि सुद्धांयि कळणा आण्णालें एक आग्रह घेव्नु बस्ला ताक्का मृढ म्हण्ताति. मृढ म्हणे गृढ आम्हा .. आम्का कळणा. आम्मि हें विचार कर्तना हीं चारी स्तरारि

The Chitrapur Sunbeam — 22— May 2024

पळयाति. गुरु शिष्यांगल ऐक्याचें स्तर एक शरणागतिचिही पराकाष्ठाचें एक स्तर, सांग मीं तू का रे भिन्न म्हळ्ळेलें. आनिआम्का परंपरा म्होणु कस्लि एक शक्ति प्राप्त जाल की कल्लें तें? ... गुरु तांगल शिष्य तांगले शिष्य म्होणु तिरश आम्का एक प्राप्त जाला तांतु आम्मि खंच्चे एक शक्तिचें आराधना कर्त आसितती विंगड विंगडवे? ... एक्कीचि. देश काल आम्मि तिरुश तुलनाकर्त आशिलमितिं आम्मि भेद पळयाति. वस्तुत: एक शक्ति कार्य कर्त आस्स आनि ती आम्का प्राप्त जाला. तें प्रवाह जें प्रत्येक साधकाक आम्का मेळत आस्स ती एक शक्ति हो ... तें आम्काखंच्य माध्यमाने मेळ्यां थीयां आम्मि परंपरा म्होणु स्वीकार कर्ताति.ना जाल्यारि तांतु भेद ना. म्होणुचि स्वाम्यांनि उल्लय्तना "आम्मि" म्हण्ताति. "आिम" म्हळ्यारि not in the royal sense; संपूर्ण परंपरेचें हांतु निञ्चित एक संकल्प आस्स. आमोले वैयक्तिक संकल्प न्हिय म्होणु. तिल्ल एक परंपरेक मर्याद दीव्नु तें "आम्मि" म्होणु प्रयोग आस्ता. "आम्मि" म्हण्ताति म्हळ्यारि एक होडपणआस्ता म्होणु न्हयि. तिर्श कोणाक अनुभव आस्स स्वाम्यांक त्यास्वाम्यांगल आम्मि चिंतन कर्त आसित आनि कृतकृत्य जांव्वें अनिवार्य हो. आंतरिक आस्सो, बाह्य आस्सो, समाजांतु आस्सो,जें एक परिवर्तन एक शक्ति संचार करवा आसित ती एक परंपराती एकी शक्ति प्राप्त जाल्या गुरु रूपेण. तांगलें आजि आम्मि स्मरण कोर्नु होचि प्रार्थना कोर्चि की आमोल कल्ल एक पुरुषार्थ आस्स, तान्न स्वीकार कोर्का, आम्मेलें कस्लें दु:ख आस्स तें निवारण कोर्का. आम्मेल्याचि एक अबुद्ध अवस्थेमितिं जडबुद्धिमितिं आम्मिचि आम्का दुखी कोर्नु बस्ताति. तिवयि एक बुद्धिसमऽ कोर्नु एक स्वच्छता हाणु दुराग्रह कम्मि कोर्नु तांगल ऐ३वर्याचो अनुभव कोर्चे एक सामर्थ्य दिंव्का म्होणु गुरु लाग्गि होचि प्रार्थनाकोर्चि हो ... देवाल्या प्रार्थना कर्तना आम्मि सांग्ताति "देवा, तूं चऽड कल्ले विचार कोर्नाक्का. हांवं इल्ल होडि पूजा

The Chitrapur Sunbeam — 23— May 2024

कर्तां, माक्काकल्लें जांक्का तें दी." Period!! गुरुल्या आम्मि तिरुश कर्नाति.माक्का कस्लें जांक्का म्होणु सुद्धांयि अजुनिकयि गोला. माक्कापदार्थ जायि, माक्का विषय जायि, माक्का achievements जायिति, जाल्यारि तांतु माक्का शिरकुंचें ना ताज्जा परे वोच्चें आस्स. माक्का खंियं शिरकाव्यक्का. म्होणु तिश्श एक प्रार्थनाकोर्नु केन्ना कर्ताति एक प्रचंड राक्ति मार्गदर्शन कोरु सुरु कर्ता. रारणागित is a very dynamic process. अब हम रारण आगए हैं, अभी आप ही बेडा पार करवा दीजिए. तिरुश liabilities आनि घेव्नु शरण वोच्चे प्रसंग येना. ओजस्वी कार्य कर्तऽ शरणवोच्चें साध्य आस्स. तिश्श आम्मि एक प्रतिज्ञा कोर्यां. कोर्येद न्हवे आजि? ... विलक्षण दिवसु, स्थानिय विलक्षण, द आनिआमोलेंगि चिकेचि उत्साह वाड्तलें. सोळा वरसं जाल्लिं आनिमुखारि कस्लें की म्होण आम्मि चिंता करइनाति. तुम्मि सांग्ल्यारित us do it collectively. म्होणु ह्या शक्तिचें एक जागरणआनि प्रसारण म्हण्ताति आंतरिक आनि बाह्य रूपेण. तांतु जे एक आनंद येत्ता शीघ्र प्रत्येक साधकाक प्राप्त जांळा म्होणु आम्मिगुरु चरणीं पुन: पुन: प्रार्थना कर्ताति. म्होणु ती प्रकृति जाञ्ज येला,आमाल प्रारब्ध जाञ्ज येला, ती ब्रह्म विद्या स्वरूपिण जाञ् येताआनि माग्गेरि आप्णाल्याचि आनंदाक उद्घाटित कर्ता. तिइश त्यागुरु शक्तिक देवीक आम्मि शरण वल आसित. ती आम्गेलें मार्गदर्शन कोरो.

गोम्टें कोर्नु कोर्यां, श्रद्धा भिक्त पुर्रसर कोर्यां. विग्ग श्रद्धाजी आस्स निष्ठा जावो. तांतु आम्मि प्रतिष्ठित जांव्यां. आनि हें पूर्ण एक लाभ जो आम्का प्राप्त जात्त आस्स ताज्जें पात्र जांव्यां.

(Concluding Prayers)

(Transcribed by Shrikala Kodikal)

JAGADGURU SPEAKS

H.H. Sri Bharati Tirtha Mahaswamiji

GREATNESS OF ÃDI SHANKARA

Of the Vibhuti Purushas born in Bharata, Shri Shankara Bhagavatpada is the foremost. It is known by all that he was an incarnation of Lord Shiva. He achieved the goal of his avatdra not by showing miracles, but with scholarship, brilliant debating and wonderful teaching. In a short life span one can study a lot and become a scholar, or can travel throughout the country or can write a number of books. Shankaracharya did all these and a lot more.

Extensive Writing:

He wrote extensively from Brahma Sutra Bhashya to Eka Shloki. In Brahma Sutra, it is said, what was in the heart of Veda Vyasa, has been clearly explained. Adi Shankara's style of writing is unemotional, simple and flowery. Such is his greatness that among the commentaries he wrote for great works is one for the 12 shlokas composed by his disciple Hastamalaka.

He wrote such original works as Viveka Choodmani and Upadeaa Sahasri. For the common, man, he wrote many stotras in praise of all the gods and goddesses.

Reality is one

While establishing Advaita Siddhanta, he declared that the Reality is only one and the rest is unreal. That eternal truth is called Brahman. If everyone is not experiencing this Brahman, it is because of the accumulated Karma. Once all the karma is cleansed, the individual realises Brahman.

Some raised the objection, "Where is the scope for Varnashrama Dharma in Advaita Siddhanta. By your Advaita Siddhanta you have flouted Varnashrqama Dharma." Nowhere has Adi Shankara slighted

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The Chitrapur Sunbeam	$\overline{-}(25)$)— May 2024
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Varnashrama.

The Need for Karma

For those who have not yet reached the highest state of enlightenment, Varnashrama Dharma is very essential. It is clearly stated that performing Karma is a must for all. When the Lord, who is the ultimate cause of everything is engaged in activity, what about others.

Sri Shankara's compassion knew no bounds. Even to the Kapalika who asked for his head, he not only agreed to sacrifice himself, but also told him to come when the disciples were not there, sothat he could have his head easily.

For National Integration

A great service Adi Shankara did for the country is to think of national integration. A Namnboodri of Kerala was made the priest of Badrinath. One from Maharashtra the was sent as priest Rameshwaram. The priests at the Pashupatinath Nepal are from Karnataka. Sureshwaracharya of North India was made the pontiff of the Sringeri Math in the South. Totakacharya of the South was put in charge at Jyotirmath in the North. By doing all this, Shankara taught us that all Indians should feel that we are one.

Preservation of Dharma

The sacred duty of the Maths he established is to protect, preserve and spread Sanatana Dharma. The Sringeri Math is doing its best to discharge its duty by having various activities such as establishing Pathshalas, supporting Veda Pundits, encouraging students of Veda, conducting the Veda Sabha and so on.'

(Courtsery: Tattvaloka)

FOR INFORMATION TO ALL DEVOTEES / LAITY

H. H. Swamiji's Travel and Ekanta (Mauna) Dates May 2024 - March 2025

This is to inform all devotees / laity that H.H. Swamiji will be travelling and observing Ekanta (Mauna) on the following dates. Devotees / laity are requested to take note of the same while planning their travel. For further updates, kindly visit https://chitrapurmath.net/events

TRAVEL DATES

3rd June (Mon - Vaishaka Kr 12) : From Shirali to Karla
19th June (Wed - Jyeshtha Sh 12) : From Karla to Bangalore
1st July (Mon - Jyeshtha Kr 10) : Departure from Bangalore
1th July (Mon - Ashada Sh 3) : Departure to Shirali
1th July (Thur - Ashada Sh 5) : From Shirali to Sringeri
13th July (Sat - Ashada Sh 7) : From Sringeri to Shirali.

EKANTA (MAUNA) DATES

A 000	
Date and Day, 2024	Tithi
7 th May, Tuesday	Chaitra Kr 14 (Amavasya)
8 th May, Wednesday	Chaitra Kr 30 (Amavasya)
10 th May, Friday	Vaishaka Sh 3 (Akshay Trtiya)
17 th May, Friday	Vaishaka Sh 9 (Shukla Navami)
5 th June, Wednesday	Vaishaka Kr 14
6 th June, Thursday	Vaishaka Kr 30
15 th June, Saturday	Jyeshtha Sh 9
21 st June, Friday	Jyeshtha Sh14 (Dakshinayana prarambha)
22 nd June, Saturday	Jyeshtha Sh.15/Kr1
4 th July, Thursday	Jyeshtha Kr 14
5 th July, Friday	Jyeshtha Kr 30
15 th July, Monday	Ashada Sh 9
3 rd August, Saturday	Ashada Kr 14
4 th August, Sunday	Ashada Kr 30
14 th August, Wednesday	Shravana Sh 9
2 nd September, Monday	Shravana Kr 30
3 rd September, Tuesday	Shravana Kr 30
12 th September, Thursday	Bhadrapada Sh 9
1 st October, Tuesday	Bhadrapada Kr 14
2 nd October, Wednesday	Bhadrapada Kr 30
12 th October, Saturday	Ashwija Sh 9
31 st October, Thursday	Ashwija Kr 14
1 st November, Friday	Ashwija Kr 30
30 th November, Saturday	Kartika Kr 14
1 st December, Sunday	Kartika Kr 30
9 th December, Monday	Margashira Sh 8 / 9
30 th December, Monday	Margashira Kr 30
31st December, Tuesday	Pushya Sh 1

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Date and Day, 2025	Tithi
8 th January, Wednesday	Pushya Sh 9
28 th January, Tuesday	Pushya Kr 14
29 th January, Wednesday	Pushya Kr 30
6 th February, Thursday	Magha Sh 9
26 th February, Wednesday	Magha Kr 13
27 th February, Thursday	Magha Kr 14/30
28 th February, Friday	Phalguna Sh 1
8 th March, Saturday	Phalguna Sh 9
28 th March, Friday	Phalguna Kr 14
29 th March, Saturday	Phalguna Kr 30
16 th March, Sunday	Phalguna Kr 2
17 th March, Monday	Phalguna Kr 3



Page 2 of 1 07-05-2024

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Shrī Chitrāpur Math - Bangalore Local Sabhā

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Email: <u>blr.ls.comm@gmail.com</u> Chitrapur Circle, Malleshwaram, Bangalore 560055

Date: 17 May 2024

HH Swāmījī 's Visit Programme to Bangalore 19 June – 01 July 2024

Dear Sādhaka-s,

Jai Shankar

HH Swāmiji has kindly accepted our invitation to camp in our Bangalore Math \underline{f} rom 19 June upto 01 July 2024. The detailed programme is appended below.

Kindly note that HH Swāmiji and entourage will be arriving from Kārlā on 19 June (late night). However, all Local Sabhā programmes and activities will commence only from Sunday 23 June. There are no activities scheduled on 20 June, 21 June and 22 June. (HH Swāmījī will be in Ekaant on 21 June and 22 June).

Some salient points included in the programme are as follows:

- Mahāpujā, Shri Pādukā Pujana, Tirtha vitaraoa, Shri Bhiks<u>hā</u> Sevā, are scheduled on 3 days Sunday 23 June, Thursday 27 June and Sunday 30 June.
- Sanskrit Play Duta Vākyam is being staged at 5.30pm on Sunday 23 June.
- HH Swāmiji have been requested to conduct Swādhyāya on 3 days Monday 24 June, Tuesday 25 June and Wednesday 26 June
- HH Swāmiji have been requested to conduct one Parāmarsha on 26 June.
- HH Swāmiji have been requested to conduct the Shiva Pujana on Monday 24 June and the Devi Pujana on Friday 28 June
- A Rudra Homa is scheduled on Sunday 23 June for the wellbeing of our HH Swāmiji
- Vanabhojana is scheduled on Saturday 29 June
- Dharma Sabhā is scheduled on Sunday 30 June.

The following Sevā-s can be done during the visit.

(Booking for the Sevā-s will be accepted at the Local Sabhā Office in the Math by cheque or cash with effect from Saturday 08 June; Sevā rates are indicated below:

Page 1 of 6

Special Sevās	Amount in Rs.	Remarks
Yajamāna for Rudra Homa	20,000	1. Rudra Homa is being performed for the wellbeing of HH Swāmiji. 2. Yajamāna will be able to participate in the Homa and perform the puroāhuti.
Yajamāna Sevā (covers entire day's expenses)	15,000	This Sevā includes all regular Sevā-s
Santarpaoa Sevā	8,000	This Sevā includes all regular Sevā-s
Sevā Kartā	5,000	This Sevā includes all regular Sevā-s
Pushpālankāra Sevā	1,000	
!nnadāna -Sevā	1,000	
Rudra Homa Sevā	300	
Donations as convenient		

Regular Sevās	Amount in Rs.	Remarks
Shri Pādukā Pujana	300	Palēru with fruits and
		flowers is included and will
		be provided
Shri Bhikshā Sevā	350	
Kunkumārchana	80	
Pañchām?ta Rudrābhisheka	80	
Nandādipa	250	

Payment Mode:

Payment can be made either by cash or by cheque or by bank transfer.

Payment either by cash or cheque must be made in the Math Office and receipt is to be obtained.

Cheques to be issued in favour of "SHRI CHITRAPUR MATH - BANGALORE LOCAL SABHA";

For Bank Transfers, details are as follows:

Savings Account Name: Shri Chitrapur Math – Bangalore Local Sabha

Account No.: 109803130001136

SVC Bank 11th Cross, Vidyamandir Branch

IFSC Code: SVCB0000098

Kindly follow up the bank transfer with an email to scmblrseva@gmail.com mentioning the Sevā-s, transaction details, your full name, gotra and nakshatra.

Please Note: Online Transfers of Seva amounts will be allowed only upto 21 st June. No Online Transfers on or after 22 nd June will be allowed. Thereafter, it will be only through Cash/Cheque at the Math Office.

In Sevā,

Chaitanya Shiroor

President, Bangalore Local Sabhā

Page 2 of 6

Programme Schedule - HH Swāmījī 's Visit to Bangalore 19 June - 01 July 2024

(Please note- All programmes highlighted in yellow are in HH Swāmiji's Presence.)

Wednesday 19 June	Jyes <u>htha</u> Shukla Dwādashī	Remarks
8am	Depart from Kārlā to	
odili	Bangalore	
	HH Swāmiji is received with	
On !rrival	a Puroa Kumbha Swāgata	
	and Pāda Praks <u>hā</u> lana	

Thursday 20 June	Jyes <u>htha</u> Shukla Trayodashī
	Morning Programme
6am	Suprabhātam
7am to 8am	Prāoāyāma and exercise
8;30am	Breakfast
12;30pm	Prasāda Bhojana
	Evening Programme
5;30pm – 6;30pm	Guru pujana by G?hastha-s
7pm	Dipanamaskāra
8pm	Prasāda Bhojana

Friday 21 June	Jyes <u>htha</u> Shukla Chaturdashī	
	Morning Programme	(HH Swāmījī will be in Ekānta)
6am	Suprabhātam	
7am to 8am	Prāoāyāma and exercise	
8;30am	Breakfast	
12;30pm	Prasāda Bhojana	
	Evening Programme	
5;30pm – 6;30pm	Devi pujana by G?hastha-s and Durgā Namaskāra	
7pm	Dipanamaskāra	
8pm	Prasāda Bhojana	

Saturday 22 June	Jyes <u>htha</u> Purnimā/Krs <u>hn</u> a Pratpadā	
	Morning Programme	(HH Swāmījī will be in Ekānta)
6am	Suprabhātam	
7am to 8am	Prāoāyāma and exercise	
8;30am	Breakfast	
1230pm	Prasāda Bhojana	

Page 3 of 6

	Evening Programme	
7pm	Dipanamaskāra	
8pm	Prasāda Bhojana	

Sunday 23 June	Jyes <u>htha</u> Krs <u>hn</u> a Dwitya	
	Morning Programme	
6am	Suprabhātam	
7am to 8am	Prāoāyāma and exercise	
7am to 8am	Gāyatri !nus <u>htha</u> na	
8am	Breakfast	
8;30am to 12noon	Rudra Homa	For the wellbeing of HH Swāmiji
10;30am	Mahāpooja, Bhajana Sevā	
11;30am onwards	1; Welcome address by President – Bangalore Local Sabhā 2; Swāgata Gita 3; Ashirvachana by H;H; Swāmiji 4; Shri Pāduka Pujana by President - BLS 5; Shri Pāduka Pujana, Tirtha Vitaraoa, Shri Bhiks <u>hā</u> Sevā	
12;30pm	Prasāda Bhojana	
	Evening Programme	
5;30pm onwards	Girvāoaprats <u>hthā</u> Play (Duta Vākyam)	
7pm	Dipanamaskāra	
8pm	Prasāda Bhojana	

Monday 24 June	Jyes <u>htha</u> Krs <u>hn</u> a Tritya
	Morning Programme
6am	Suprabhātam
7am to 8am	Prāoāyāma and exercise
10am to 11am	Swādhyāya by HH Swāmiji
12;30pm	Prasāda Bhojana
	Evening Programme
6;45pm	Dipanamaskāra
7;00pm	Bhās <u>hy</u> a Pat <u>ha</u> na
7;30pm to 8;30pm	Shiva Pujana
8;30pm	Prasāda Bhojana

Tuesday 25 June	Jyes <u>htha</u> Krs <u>hn</u> a Chaturthī	
	Morning Programmes	
6am	Suprabhātam	
7am – 8am	Prāoāyāma and exercise	
8;30am	Breakfast	

Page 4 of 6

10am to 11am	Swādhyāya by HH Swāmiji	
12 30pm	Prasāda Bhojana	
	Evening Programmes	
7pm	Dipanamaskāra	
7;30pm – 8;30pm	Interacton	
8;30pm	Prasāda Bhojana	

Wednesday 26 June	Jyes <u>htha</u> Krs <u>hn</u> a Panchamī	
	Morning Programmes	
6am	Suprabhātam	
7am – 8am	Prāoāyāma and exercise	
8;30am	Breakfast	
10am to 11am	Swādhyāya by HH Swāmiji	
11000 to 120000	Parāmarsha with HH	
11am to 12noon	Swāmiji	
12;30pm	Prasāda Bhojana	
	Evening Programmes	
7pm	Dipanamaskāra	
8pm	Prasāda Bhojana	

Thursday 27 June	Jyes <u>htha</u> Krs <u>hn</u> a S <u>ha</u> s <u>hthī</u>	
	Morning Programme	
	Suprabhātam	
7am to 8am	Prāoāyāma and exercise	
8;30am	Breakfast	
	Mahāpujā, Bhajana Sevā,	
11am to 12;30pm	Shri Pādukā Pujana, Tirtha	
	Vitaraoa, Shri Bhiks <u>hā</u> Sevā	
12;30pm	Prasāda Bhojana	
	Evening Programme	
5;30pm to 6;30pm	Guru pujana by G?hastha-s	
7pm	Dipanamaskāra	
7;30pm to 8;30pm	Interacton	
8;30pm	Prasāda Bhojana	

Friday 28 June	Jyeshtha Krshna Saptamī	
	Morning Programme	
6am	Suprabhātam	
7am – 8am	Prāoāyāma and exercise	
8;30am	Breakfast	
	Shri Devi Kavacha,	
10;30am- 11;30am	Sāmuhika Kunkumārchana	
	with Shri Lalitā Trishat	
12;30pm	Prasāda Bhojana	
	Evening Programme	_
5pm to 6pm	Durgā Namaskāra	

Page 5 of 6

6pm	Dipanamaskāra	
6;30pm to 7;30pm	Devi Pujana	
7;30pm to 8;30pm	Garbā	
8;30pm	Prasāda Bhojana	

Saturday 29 June	Jyes <u>htha</u> Krs <u>hna</u> !s <u>ht</u> amī	
6am	Suprabhātam	
7am – 7;15am	Depart for Vanabhojana	Somā Farms Doddaballāpur
8;30am	!rrive at Vanabhojana site	
9am to 10am	Breakfast at Vanabhojana	
	site	
10am to 6pm	Group Games, Lunch, Rest,	
	Karaoke, Tea and snacks	
6pm	Depart for Math_	
8;30pm	Prasāda Bhojana	

Sunday 30 June	Jyes <u>htha</u> Krs <u>hn</u> a Navamī	
	Morning Programme	
6am	Suprabhātam	
7am to 8am	Prāoāyāma and exercise	
7am to 8am	Gāyatri !nus <u>htha</u> na	
11am	Mahāpuja, Bhajana Sevā	
12 noon	Dharma Sabhā commences	
	Sabhā Prārambha Prārthanā	
	!ddress by President BLS	
	Vaidika Sambhāvanā	
	Vote of thanks and	
	Ks <u>ha</u> māyāchanā	
	Ashirvachana by HH Swāmiji	
	Shri Pādukā Pujana, Tirtha	
	Vitaraoa, Shri Bhiks <u>hā</u> Sevā	
	Prasāda Bhojana	
	Evening Programmes	
7pm	Dipanamaskāra	
7;30pm to 8;30pm	Interacton	
8;30pm	Prasāda Bhojana	
9pm	Volunteer meetng	

Monday 01 July	Jyeshtha Krshna Dashamī	
	Morning Programme	
9am	Niropa Gita	
	Niropa-upadesha by H;H;	
	Swāmiji	
	HH Swāmiji Departs	

Page 6 of 6







KODIĀL CHĀTURMĀSA - 2024



INVITATION

Chāturmāsa Vratam

Krodhī Samvatsara

bν

H.H. Shrīmat Sadyojāt Shaṅkarāshram Swāmījī, Mat<u>h</u>ādhipati

of

Shrī Chitrāpur Math

Shirali

Uttara Kannada District, Karnataka

21-07-2024 Sunday, Āshādha-Pūrņimā (Vyāsapūrņimā / Gurupūrņimā)

to

18-09-2024 Wednesday, Bhādrapada Pūrņimā

at

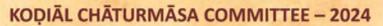
Shrī Chitrapur Math

Shrī Vāmanāshram Samādhi Math

Ganapathy Temple Road, Mangaluru - 575 001 D.K.

The Chitrapur Sunbeam

May 2024



Shrī Chitrāpur Math Shrī Vāmanāshram Samādhi Math

Ganapathy Temple Road, Mangalūru – 575 001. TO 0824–242 7212 / 2441 677
E: kodialchaturmasa2024@chitrapurmath.net.in

Jai Shankar, Sādhaka-s

H.H. Shrīmat Sadyojāt Shankarāshram Swāmījī, Mathādhipati, Shrī Chitrāpur Math, Shirālī have graciously consented to observe Their 28th Chāturmāsa Vratam in the Hallowed Precincts of Samādhi Math, Mangalūru from 21th July 2024 to 18th September 2024.

You are cordially invited to attend all the functions with your family and friends and receive the blessings of Lord Bhavānīshankar, our revered Guruparamparā and H.H. Swāmījī.

We look forward to your enthusiastic co-operation and participation in large numbers in all the functions to make this Chāturmāsa a memorable and unforgettable event. Please refer to the list of Special Sevā-s on page 5 and book your Sevā-s.

Conveners

Yellore Rämkishore Rão

Bhavānī Shankar Kaṇḍlur

AND COMMITTEE MEMBERS





SATURDAY, 20[™] JULY 2024

Purapravesha

6.30 pm Arrival of H.H. Shrīmat Sadyojāt Shankarāshram

Swāmījī from Shirālī. Receiving H.H. Swāmījī at Lower Carstreet with Vedaghosha and escorting H.H. Swāmījī in procession to Samādhi Math.

7.00 pm Arrival of H.H. Swāmījī at Samādhi Math.

Pādaprakshālana, Pūrņakumbha Swāgata with

Vedaghosha. Dhūl bhet Welcome Song

Welcome Speech by Convener, Châturmasa Committee

Āshīrvachana by H.H. Swāmījī

7.30 pm Dipanamaskāra

8.00 pm Rātri Pūjā with Ashtāvadhāna Sevā

9.00 pm Prasāda Bhojana

SUNDAY, 21ST JULY 2024

8.00 am Sāmūhika Prārthanā

9.00 to 11.30 am Mandala Pūjā & Shrī Vedavyāsa Pūjā by H.H. Swāmījī

12.00 pm Mahāpūjā, Mangalāratī

12.15 pm Welcome address by Convener

Dharmasabhā

Āshīrvachana by H.H. Swāmījī

Shrī Pādukā Pūjana by Conveners of Chāturmāsa

Committee & laity Tīrtha Vitaraņa Paţţakāṇikā Arpaṇa Shrī Bhikshā Sevā Prasāda Bhojana

7.00 pm Dīpanamaskāra

8.00 pm Rātri Pūjā with As<u>h</u>tāvadhāna Sevā 9.00 pm Prasāda Bhojana / Phalāhāra





Special programmes will be announced on specific days

6.00 a.m. Shrī Bhavānīshankar Suprabhātam

8.00 a.m. Gavatri Anushthana 9.00-11.00 a.m. Sädhanä Pañchakam 11.00-11.45 a.m. Bhaiana Seva by Sadhaka-s 12.00 p.m. Mahāpūjā, Mangalāratī

12,30 p.m. Shrī Pādukā Pūjana*, Tīrtha Vitarana,

Shrī Bhikshā Sevā *

1.00 p.m. Prasada Bholana

3.00-4.30 p.m. Guruparampară Charitra Pathana and Vimarsha by Sādhaka-s

5.00-6.30 p.m. Cultural programmes by Sādhaka-s

7.00 p.m. Dīpanamaskāra

9.00 p.m.

Shiva Pûjana / Devî Pûjana by H.H. Swāmījī

8.00 p.m. Mangalarati followed by Ashtavadhana Seva Prasāda Bhojana / Phalāhāra

Note: **Shrī Pādukā Pūjana & Shrī Bhikshā Sevā can be performed on Thursdays and Sundays.

CHĀTURMĀSA VRATA SAMĀPTI PROGRAMME

Wednesday, 18" September 2024

6.00 a.m. Shri Bhavanishankar Suprabhatam

8.00 a.m. Găyatri Anushthâna 9.00-11.00a.m. Sādhanā Pañchakam

11.30 a.m. H.H. Swāmījī performs Pūjana at H.H. Shrīmad Vāmanāshram

Swāmījī's Samādhi

12.00 Noon Mahāpūjā, Shrī Pādukā Pūjana, Tirtha Vitarana,

Shrī Bhikshā Sevā followed by Prasāda Bhojana

5.30 p.m. Gangā Pūjana at Sultān Battery on river bank Sīmollanghana by boat to Tannīrubāvi and back

Route: Shobhā Yātrā starts from Ganapathy High School, 7.00 p.m.

> GHS Cross Road, Sri Ram Mandir, Temple Square, Field Street, Dongerkery Venkatramana Temple, New Chitra Talkies,

Basavanagudi Road, Chāmara Galli, Lower Car Street, Car Street, Temple Square and back to Samādhi Math

a) Pādukā pūjana by Convener and President, Standing Committee 11.00 p.m.

b) Abhāra-pradarshana and Kshamāvāchanā by Convener

c) Sambhāvanā to Vaidika-s

d) Address by President, Standing Committee

e) Ashīrvachana by H.H. Swāmījī

f) Prasăda Bhojana / Phalāhāra

SEVĀ-S DURING CHĀTURMĀSA — 2024

MANGALŪRU

SPECIAL SEVÄ-S				
Sl. No.	Sevā Name	Contribution		
1.	Mahā Poshaka (Shiyālābhisheka at H.H. Shrīmad Vāmanāshram Swāmījī Samādhi Sannidhi, Sevā at Shrī Kṛṣḥṇa Sannidhi, Sevā at Shrī Umāmaheshwar Sannidhi, Sevā at Shrī Dattātreya Sannidhi, Santarpaṇa Sevā, Shrī Pādukā Pūjana & Shrī Bhiksḥā Sevā + Memento)			
2.	Pos <u>h</u> aka (ShiyaTābhisheka at H.H. Shrimad Vāmanāshram Swāmījī Samādhi Sannidhi, Sevā at Shrī Kṛṣḥṇa Sannidhi, Sevā at Shrī Umāmaheshwar Sannidhi, Santarpaṇa Sevā, Shrī Pādukā Pūjana & Shrī Bhiksḥā Sevā)			
3.	Yajamāna Sevā (ShiyāĪābhisheka at H.H. Shrīmad Vāmanāshram Swāmījī Samādhi Sannidhi, Sevā at Shrī Umāmaheshwar Sannidhi, Santarpaṇa Sevā, Shrī Pādukā Pūjana & Shrī Bhikshā Sevā)			
4.	Sevă Kartă (Shiyālābhisheka at H.H. Shrīmad Vāmanāshram Swāmījī Samādhi Sannidhi, Santarpaṇa Sevā, Shrī Pādukā Pūjana & Shrī Bhikshā Sevā)			
5.	Santarpaņa Sevā (Santarpaņa Sevā, Shrī Pādukā Pūjana & Shrī Bhikshā Sevā)			
6.	Upāhāra Sevā ₹3,0 (Breakfast, Shrī Pādukā Pūjana & Shrī Bhiks <u>h</u> ā Sevā)			
7.	Sarva Sevā at Maṅgalūru (All Sannidhi Sevā at Samādhi Math and Shrī Umāmaheshwar Temple, Maṅgalūru)	₹700		

DETAILS OF ACCOUNT OF KODIĀL CHĀTURMĀSA COMMITTEE 2024

Name of Beneficiary : Kodial Chaturmas Committee - 2024

Name & Address of Bank : SVC Co-op Bank Ltd.

GHS Road Branch, Mangalore-575001

Account Number : 300003000010150 IFSC Code : SVCB0000096

Note: Overseas sādhaka-s may send their queries to the Donor Facilitation Cell at scm.donor.cell@gmail.com

Reception & Sevā Committee : Girīsh Kāpnāḍak © 9113690141
Accommodation & Hospitality : Maṅgaldās Gulvāḍy © 9448858557
Cultural Committee : Devdās Nāgarmat © 9886316055

Conveners

Yellore Rămkishore Rão +91 9448144302

Bhavānī Shankar Kandlur +41798937113

Email: kodialchaturmasa2024@chitrapurmath.net.in



Shrīmad Vāmanāshram Swāmīji's Samādhi Sannidhi



Shrī Chitrāpur Math
Shrī Vāmanāshram Samādhi Math
Maṅgalūru – 575001 Dakshiṇa Kannaḍa

Samarth Bhanap Yojana

Applications Invited!



Application window

Opens: 10th May 2024 Closes: 9th Jun 2024

Entrepreneurs from Bhanap community can apply for Seed Capital Funding, Mentoring and Support Services.

For more **details** about Samarth Bhanap Yojana please visit our website:

www.samarthbhanap.com

Online Application form

Visit: https://bit.ly/3yfv9tf

OR

Scan this QR Code



Note: A Webinar will be conducted shortly for Q&A on the process of application.

*Terms & Conditions apply.









Jai Shankar,

Dear well-wishers!

The children of Srivali High School, Shirali are excited about coming BACK TO SCHOOL - going to a higher class which will take them one step closer to realizing their dreams and aspirations!

The school has achieved a 100% pass percentage in the SSLC Board Examination for 2023-24 as compared to the State pass percentage of 72.83% for urban areas and 74.14% for rural areas for 2023-24.

At Srivali High School our endeavour is to open a world of opportunities to the children by giving them free education, free uniforms, free books and free midday meals. The school follows the Karnataka School Board curriculum. teaches Shrimad Bhagawadgita chanting and imparts vocational training in carpentry and plumbing.

One of the challenges we face every year is meeting the cost of education for every child. Your generous donations to the Educate-A-Child Scheme go a long way towards meeting this recurring expenditure.

COST OF EDUCATING A CHILD FOR ONE YEAR IS Rs. 20,000/- ar USD 250/-

EDUCATE A CHILD TODAY!

email: scm.donor.cell@gmail.com



SRIVALI HIGH SCHOOL, SHIRALI







SCIENCE EXHIBITION

SHRĪ CHITRĀPUR MA<u>TH</u> SHIRĀLĪ

Accommodation Policy

- Accommodation is provided to sādhaka-s from our samāja who visit the Math to perform sevā-s and / or participate in the Math activities or functions.
- Math daily activity includes, Suprabhātam, Madhyāna Pūjā/Aratī and the Ashtāvadhāna sevā in the
 evenings.
- 3. All sādhaka-s planning to visit the Math and wishing to avail of accommodation have to inform the Accommodation Desk about their planned arrival and departure well in advance. Kindly fill the online form at https://chitrapurmath.net/site/contact-accommodation to send us the following mandatory details:
 - a) Arrival date
 - b) Departure date
 - c) Number of persons
 - d) Number of male and number of female sadhaka-s
 - e) Age of sadhaka-s (Senior Citizens)
 - f) Any special requirement such as ground floor required, or bed required.
 - g) Purpose of visit
- Accommodation is provided for a stay of three days only unless the sadhaka is performing Homa-s
 or Mahärudra, or to volunteers who come to do sevä where the number of days required to stay might
 be more than 3 days.
- Separate accommodation for male and female sādhaka-s will be provided during congregation of big groups during Rathotsava, Shibir-s or similar large Math functions.
- Those visitors who wish to extend their stay must take permission from the Math General Manager and inform the Accommodation Desk at least 1 day in advance.
- 7. Accommodation to visitors not from our samaja may also be allowed at the Math Guest House provided accommodation is available.
- 8. Visitors not from our samaja must offer seva-s in the Math and also participate in the Math activities.
- 9. Visitors/sādhaka-s including senior volunteers who arrive at the Math, must compulsorily register themselves at the Accommodation Desk upon arrival and only then the room keys will be handed over to them. They should not call up people in the Math and take their own preferred accommodation without informing the Accommodation Desk in advance
- 10. On the day of departure, visitors/sadhaka-s have to sign out in the register at the reception, hand over the room keys and only then leave the premises. Do not hand over the keys to Pandu mam or housekeeping staff or leave without informing the Accommodation Desk.

13th January 2022

Shrī Chitrapur Math - Shiralī, Uttara Kannada, Karnataka, India 581354 www.chitrapurmath.net

Little Ravikiran – Vaishaka 2024

Swamiji Says...

"The immortal Anjaneya is an icon of ceaseless and unwavering conviction. We meditate upon Him to inculcate strength and discover what sharanagati – surrender – truly is."

H.H. Shrimat Sadyojat Shankarashram Swamiji

Vichaar Koryaan – For a vibrant discussion



Purav and Suraj simply loved Sundays. It was the day the men of the house took over the kitchen, and the children got to see the fun, goofy side of their Pappa. On the menu were Ajju's special pav bhaji and gulab jamun. The kitchen was abuzz! Pappa and Purav were on vegetable-chopping duty, and Suraj was busy assisting Ajju. Barely anything could be heard above the boisterous laughter in the kitchen until someone mentioned basketball.

Purav suddenly fell silent. A while later, he excused himself and went

downstairs to practice his basketball shots. When he returned, it was well past lunchtime, and he barely ate. When Ajju offered him a second helping, Purav mumbled something and went downstairs to practice again.

That evening, Pappa joined Purav on the basketball court. "Big game tomorrow?" he asked. "Yeah, it's the semi-finals. We are

	_	/
The Chitrapur Sunbeam	<u> </u>	— May 2024
		•

playing against BGS. They are a strong team." "Ah! You have beaten them before and have practised all day. I'm sure you will do well," Pappa tried to reassure him, but that made Purav even more tense. "I think you should take a break now, buddy. You don't want to burn yourself out before the match," suggested Pappa. But Purav would not hear any of it.

After some cajoling, Purav finally opened up to Pappa. A few matches ago, Purav had missed a shot that had cost his team the tournament. He had not scored a single basket ever since. A strange fear would grip him every time he had to shoot. He would then pass the ball to avoid shooting. Purav had been practising harder to retain his position in the team. While he had become better at shooting, he had still not overcome his fear.

"Purav, you are good at this and have been practising diligently. You must stop worrying about the outcome of your game and start enjoying it like you used to," Pappa advised. "That is easier said than done," complained Purav.

"Things don't always turn out as we want them to, my child. We must learn from our mistakes and move on. Just surrender to the Almighty and play your game," said Pappa.

"Surrender?! That is for the weak and helpless!" Puray scoffed.

"Is 'weak' an adjective you would associate with Hanuman? Was anything impossible for him? Yet, He is the epitome of surrender and devotion. He is conviction personified!" said Pappa. "Hmm...true," Purav accepted. "By praying to Him and reflecting upon His qualities, you too can grow in strength and become fearless," Pappa continued.

"I agree. But that won't happen overnight, Pappa. I still have tomorrow's match to deal with," said Purav.

Pappa thought for a while and then smiled, "Alright. Imagine this: God Himself is playing alongside you as the team's Captain. Now tell me, how will you play the game?" Just imagining this lifted a huge weight off Purav's shoulders, and he chuckled in excitement. "If God Himself is my Captain, the match is a slam dunk! I will not

have to worry about winning. I can be carefree and enjoy the game like a child!"

"That is all you need to do, my child. God IS your Captain... always! You just have to surrender to that Captain with conviction. Have faith in yourself and play your game naturally and fearlessly tomorrow. Play with all your heart, without worrying about the outcome, in a spirit of dedication to Him" assured Pappa.

The smile returned on Purav's face. He felt lighter, and there was a spring in his step as he walked home with Pappa. That night, he slept peacefully, eagerly looking forward to the next match.

Let us discuss...

- Purav was afraid he would not be able to perform as well as he should. Are you able to empathise with Purav and what he went through?
- What are the qualities of Hanuman that can we look up to?

Kavyanjali: Jai Hanuman

From ceaseless and unwavering connection true,

Came the strength to soar over the ocean blue.

The Aadesh was the only guiding star,

The search for Maa Sita started both close and far.



Through hills and valleys and plains fertile,
Through jungles and across rivers, endured the trial.
In search of Sita, abducted with a ploy so vile,
Vicissitudes did not make him deter or recoil.

And then finally they reached the southern sandy shore,
Faith and determination with undeterred strength he wore.
Between him and his mission was the ocean mighty,
Relentlessly he pursued the given Aadesh with Bhakti.

Jai Shri Ram! he valiantly roared
Across the sky, he took off, he soared.
With strength and speed beyond compare,
It certainly was a phenomenon - a sight so rare.

Obstacles many did come his way,

Not one did he allow to lead him astray.

First came Surasa, a demoness dread,

Wanted Anjaneya to enter her jaw instead.

Next came Lankini, fierce and old,
The guardian of Lanka was dealt with courage so bold.
Into the Ashok Vatika, Bajrangbali did go
Unseen by the guards did he tiptoe

Across and blossoms a forlorn Sita lay, With tears in her eyes, she called out for Ram, through night and day.

With words of comfort, he eased her pain, Presented to her the Mudrika, and let hope reign.

He bid the land of Lanka a fiery adieu, With his mission accomplished, back to his Lord he flew.

Shiva Purana – Mallikārjuna - The Second Jyotirlinga

Shiva and Pārvatī led a blissfully happy life with their sons Kārtikeya and Ga?esha. Both were brilliant and served their parents lovingly.

Shiva and Pārvatī decided that the boys were of marriageable age and this created some excitement! Just as brothers do, they quarrelled about who would get married first, "I shall marry!" "No! I shall!"

The parents conferred amongst themselves and came to a conclusion, "We love you both equally. Let there be a competition. Kārtikeya! Ga?esha! Both of you must circumambulate the Earth. Whoever returns first will get married first."

The powerful Kārtikeya set off at once. The task ahead was not easy. He had to traverse the seven continents, mountains, rivers and forests. He had to make haste if he were to complete the task first.

Ga?esha pondered, "I would not be able to travel as fast as Kārtikeya. I cannot even travel across the Earth, let alone faster than him! What should I do?"

After thinking it over carefully, he performed holy ablutions. Then he placed two seats for his parents and respectfully requested them to sit. He performed their pūjā and offered seven pradaks Ainā-s and pra?āma-s. Shiva and Pārvatī were pleased.

Ga?esha said, "Now you can get me married!"

Shiva and Pārvatī said, "Son, you must circumambulate the Earth! Kārtikeya has set off already."

Ga?esha explained, "By doing the *pradakslinā* around you, O Shiva and Pārvatī, I have circumambulated the Earth! The place of a son is at the Lotus Feet of his parents."

Shiva and Pārvatī said, "Son! You are a supreme soul with pure and intelligent thinking. A person with intelligence can overcome any hurdle. You have done all that the *shāstra-s* ask a son to do. What you have done will be an example for others to follow."

The parents dutifully engaged in arranging Ga?esha's marriage.

Prajāpatī Vishwarūpa was overjoyed with this news. He had two beautiful daughters for whom he wanted a suitable groom. Ga?esha was perfect in every way for Siddhi and Buddhi, his exquisite daughters. The marriage was attended by devatā-s and rsAi-s.

Kārtikeya returned after completing the circumambulation of the Earth. When he heard what had happened, his feelings were hurt. So, he bowed to his parents and left Kailās. He settled on Mount Kraunchya and observed Brahmacharya. There he blessed devotees and showered benevolence upon them.

Pārvatī missed her son and Shiva comforted her. He sent devata-s and ga?a-s to bring Kārtikeya back. But Kārtikeya refused to move from Mount Kraunchya. Finally, Pārvatī and Shiva left for Mount Kraunchya to meet their beloved son.

Shiva manifested as a Jyotirlinga - which continues to stand as Shrī Mallikārjuna at Srīsailam.



Ammi Shikyaan - Let's learn together!

Hanuman went in search of Sita and reached Lanka. His search took

him to the Ashoka Vana, where he found Sita seated under a tree. Hanuman went and offered his pranams and gave her the fingerring of Shri Rama to her. Sita was overcome when she met Hanuman as 'dhoota' of her beloved Rama. At this point, Hanuman asked if he could carry Sita with him right then straight to Rama. But Sita refused...

Why did Sita refuse when Hanuman said he would carry her from Lanka to Kishkindha to meet Ram?

Sita and Rama represent 'Dharma'. According to the Dharma, Rama had to rightfully fight for Sita, destroy the wicked Ravana and only then take back Sita with due honour. Dharma was on priority in the lives of Rama and Sita! No short cuts! No compromises!

Dharma represents the natural order of life – it helps us to live a life of stability and order, helps us to do the right thing, to be good and virtuous and live successfully on this earth. Dharma is the main foundation of life.

Credits:

Little Ravikira? created with love by Nishtha Naimpally, Pratima Rege, Chandrima Kalbag, Namrata Heranjal and Jyothi Bharat Divgi

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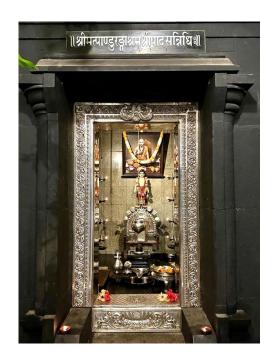
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Your feedback is important to us!





Vardhanti of Nāgālaya on 3-05-2024 at SCM, Shirali. (Courtesy: Anushravas)





Vardhanti of Swami Pandurangashram Sannidhi at SCM,Shirali on 30-04-2024. (Courtesy: Anushravas)

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Pujya Swamiji on way to Hodi Samãdhi on 23-04-2024. Please have a good look at the renovated Dwar Mantap and the front side of the portico. (Courtesy: Anushravas)

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